# Effect of the Trace Anomaly on

## the Cosmological Constant

# Jurjen F. Koksma

Invisible Universe

Spinoza Institute Institute for Theoretical Physics Utrecht University 2nd of July 2009

J.F. Koksma T. Prokopec arXiv:0803.4000 [gr-qc]

## Outline

- Introduction to the Trace Anomaly
- Dynamically screening the Cosmological Constant: connecting the Cosmological Constant and the Trace Anomaly
- Dynamics Driven by the Trace Anomaly
  - Quasi de Sitter spacetime
  - FLRW spacetimes
- Conclusion

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Einstein Field Equations:

$$R_{\mu
u}-rac{1}{2}Rg_{\mu
u}+\Lambda g_{\mu
u}=8\pi\,GT_{\mu
u}\,.$$

Examples:

• Massless, conformally coupled ( $\xi = 1/6$ ) scalar field

$$S = \int \mathrm{d}^4 x \sqrt{-g} \left\{ -\frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_
u \phi - \frac{\xi}{2} R \phi^2 
ight\}$$

• Massless spin-1/2 field

Photon

The trace anomaly or the conformal anomaly in four dimensions is given by:

$$T_{\rm Q} \equiv \left\langle \hat{T}^{\mu}_{\ \mu} \right\rangle = bF + b' \left( E - rac{2}{3} \Box R 
ight) + b'' \Box R \, ,$$

where

$$\begin{split} E &\equiv \ \ ^*R_{\mu\nu\kappa\lambda}{}^*R^{\mu\nu\kappa\lambda} = R_{\mu\nu\kappa\lambda}R^{\mu\nu\kappa\lambda} - 4R_{\mu\nu}R^{\mu\nu} + R^2 \\ F &\equiv \ \ C_{\mu\nu\kappa\lambda}C^{\mu\nu\kappa\lambda} = R_{\mu\nu\kappa\lambda}R^{\mu\nu\kappa\lambda} - 2R_{\mu\nu}R^{\mu\nu} + \frac{1}{3}R^2 \,, \end{split}$$

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where b'' is not fixed uniquely by the trace anomaly and where:

$$b = \frac{1}{120(4\pi)^2} \left( N_S + 6N_F + 12N_V \right)$$
  

$$b' = -\frac{1}{360(4\pi)^2} \left( N_S + \frac{11}{2}N_F + 62N_V \right) .$$

.

## Trace Anomaly

In (homogenous and isotropic) FLRW spacetimes:

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Hence:

$$T_{\rm Q} = 4b' \left\{ \ddot{H} + 7\ddot{H}H + 4\dot{H}^2 + 18\dot{H}H^2 + 6H^4 \right\}$$
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or, motivated by Ostrogradsky's theorem:

$$T_{\rm Q} = 24b' \left\{ 3\dot{H}H^2 + H^4 
ight\} - 72b''\dot{H}H^2 \,,$$

which corresponds to truncating at first order in time derivatives, also known as quasi de Sitter spacetime. Note this is exact when b'' = 2b'/3.

J.F. Koksma (ITP, UU)

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- The trace anomaly cannot be generated from a local finite term in the action, but rather stems from a non-local effective action that generates the conformal anomaly by variation with respect to the metric.
- This genuine non-locality of the action generating the trace anomaly reveals a large distance effect of quantum physics. It is then argued that the new conformal field should dynamically screen the cosmological constant, thus solving the cosmological constant problem.

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  - In de Sitter spacetime: H = const
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- Dynamical backreaction should be studied in more general spacetimes than de Sitter spacetime as de Sitter spacetime is not dynamical, i.e.:
  - In de Sitter spacetime: H = const
  - In FLRW spacetimes: H = H(t)
- In the semiclassical spirit, we take expectation values of inhomogeneous quantum fluctuations with respect to a certain state to study its effect on the background spacetime. Therefore, quantum fluctuations affect the background *homogeneously*.

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- We consider a universe consisting of (classical) matter with arbitrary equation of state  $\omega = P_{\rm M}/\rho_{\rm M}$ , a cosmological constant and the trace anomaly
- We use covariant stress-energy conservation
- We assume a perfect fluid form for the quantum density and pressure yielding the trace anomaly:

$$T^{\mu}_{\nu,\mathrm{Q}} = (-\rho_{\mathrm{Q}}, p_{\mathrm{Q}}, p_{\mathrm{Q}}, p_{\mathrm{Q}}).$$

Relevant equation governing the dynamics driven by the trace anomaly is:

$$9(1+\omega)H^2(t)+6\dot{H}(t)-3(1+\omega)\Lambda=-8\pi G\left[T_{
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Here, we use either the full or the truncated expression for the quantum trace and the quantum density:

$$T_{\rm Q} = 4b' \left\{ \ddot{H} + 7\ddot{H}H + 4\dot{H}^2 + 18\dot{H}H^2 + 6H^4 \right\}$$
$$-6b'' \left\{ \ddot{H} + 7\ddot{H}H + 4\dot{H}^2 + 12\dot{H}H^2 \right\},$$

and:

$$\begin{split} \rho_{\rm Q} &= 2b' \left[ -2\ddot{H}H + \dot{H}^2 - 6\dot{H}H^2 - 3H^4 \right] \\ &+ 3b'' \left[ 2\ddot{H}H - \dot{H}^2 + 6\dot{H}H^2 \right] \,. \end{split}$$

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ight\}, \end{array}$$

and:

$$\rho_{\rm Q} = 2b' \begin{bmatrix} & -6\dot{H}H^2 - 3H^4 \end{bmatrix}$$
$$+3b'' \begin{bmatrix} & +6\dot{H}H^2 \end{bmatrix}.$$

We can easily solve for the asymptotic behaviour:

$$\begin{split} H_0^{\rm C} &= \sqrt{\frac{\Lambda}{3}} \left[ 1 - 8\pi b' \lambda \right] \\ H_0^{\rm A} &= \sqrt{\frac{-1}{16\pi G \, b'} - \frac{\Lambda}{3}} \,, \end{split}$$

where  $\lambda = \frac{G\Lambda}{3}$ . Note that this asymptotic behaviour does not depend on whether one studies the trace anomaly in quasi de Sitter or in FLRW spacetimes.

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- Moreover, by linearising around the quantum anomaly driven attractor:

$$\delta(t)=rac{H(t)-H_0^{
m A}}{H_0^{
m A}}\,,$$

one finds a region in parameter space where this attractor becomes unstable.





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- One can again linearise the Einstein Field equations around  $H_0^A$  and  $H_0^C$  and derive a stability condition on the attractors:

If 
$$b'' - 2b'/3 > 0$$
, then   
 $\begin{cases} Classical attractor unstable \\ Quantum attractor stable \end{cases}$   
If  $b'' - 2b'/3 < 0$ , then   
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• Note that when b'' - 2b'/3 = 0, we return to the quasi de Sitter spacetime analysis performed before.





If the classical de Sitter attractor is stable, adding the trace anomaly does not change its effective value in FLRW spacetimes.

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- Whenever the classical attractor is stable, oscillations occur
- When the quantum anomaly driven attractor is stable, oscillations occur when:

$$b^{\prime\prime} < -rac{2}{9}b^\prime \left(rac{1+8\pi\lambda b^\prime}{1+8\pi\lambda}
ight)\,.$$



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- There is no dynamical effect that influences the effective value of the cosmological constant, i.e.: the classical de Sitter attractor.
- Based on our semiclassical analysis we thus conclude that the trace anomaly does *not* solve the cosmological constant problem.

The Einstein-Hilbert action reads:

$$S=S_{\mathrm{EH}}+S_{\mathrm{M}}=rac{1}{16\pi G}\int d^{4}x\sqrt{-g}\left(R-2\Lambda
ight)+\int d^{4}x\sqrt{-g}\mathcal{L}_{\mathrm{M}}\,,$$

where:

$$\mathcal{L}_{\mathrm{M}} = -rac{1}{2}\partial_{lpha}\phi(x)\partial_{eta}\phi(x)g^{lphaeta} - rac{1}{2}m^2\phi^2(x) - V(\phi(x))\,.$$

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The Einstein Field Equations follow as usual:

$$R_{\mu\nu}-\frac{1}{2}Rg_{\mu\nu}+\Lambda g_{\mu\nu}=8\pi GT_{\mu\nu}\,.$$

Quantum contribution to the stress-energy tensor is:

$$\begin{split} T_{\mu\nu} &= -\frac{2}{\sqrt{-g}} \frac{\delta}{\delta g^{\mu\nu}} \mathsf{\Gamma}[\phi_{\mathrm{cl}}] = -\frac{2}{\sqrt{-g}} \frac{\delta}{\delta g^{\mu\nu}} \left( \mathsf{S}_{\mathrm{M}}[\phi_{\mathrm{cl}}] + \mathsf{\Gamma}_{\mathrm{Q}}[\phi_{\mathrm{cl}}] \right) \\ &\equiv T^{\mathrm{C}}_{\mu\nu} + T^{\mathrm{Q}}_{\mu\nu}. \end{split}$$

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Classically, we have  $\nabla^{\mu} T^{\rm C}_{\mu\nu} = 0$ , hence we derive:

$$abla^{\mu}T^{\mathrm{Q}}_{\mu
u}=\mathsf{0}\,.$$

When writing:

$$T^{\mu}_{\nu,\mathrm{Q}} = (-\rho_{\mathrm{Q}}, \boldsymbol{p}_{\mathrm{Q}}, \boldsymbol{p}_{\mathrm{Q}}, \boldsymbol{p}_{\mathrm{Q}}),$$

we derive from stress-energy conservation for the quantum contributions:

$$\begin{split} \rho_{\rm Q} &= 2b' \left[ -2\ddot{H}H + \dot{H}^2 - 6\dot{H}H^2 - 3H^4 \right] \\ &+ 3b'' \left[ 2\ddot{H}H - \dot{H}^2 + 6\dot{H}H^2 \right] \,. \end{split}$$

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Or, truncated at order  $\epsilon = -\frac{\dot{H}}{H^2}$ :

$$\rho_{\mathrm{Q}} = -6b'\left[2\dot{H}H^2 + H^4\right] + 18b''\dot{H}H^2\,. \label{eq:pQ}$$

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We use the (00) Einstein equation to eliminate  $\rho_{\rm M}$ :

$$R_{00} - rac{1}{2}Rg_{00} + \Lambda g_{00} = 8\pi G \left( 
ho_{
m M} + 
ho_{
m Q} 
ight) \,.$$

#### Phase space structure in quasi de Sitter spacetime



#### Phase space structure in FLRW spacetime



## Phase space structure in FLRW spacetime

